













Suites of Ankeny Activities-June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*Activities are all subject to change. Please watch for weekly signs delivered at each dining room table or ask staff members for most recent updates*</p>	 <p>515-635-0936</p>	<p>Location Codes: C=Chapel DR=Dining Room L=Library LO=2nd Floor Lounge TBA=To Be Announced SVCC Activities on Back</p>	<p>Smile Awards:</p>  <p>Grace in the Kitchen Universal Worker Martha Universal Worker Aviah Heather & Rhi (Therapy)</p>	<p>We wish Minka a happy & safe vacation and she will NOT be here for the Monday afternoon Beauty Shop Appointments</p>	<p>Your Bride & Groom Pics Are Needed-Please Give To Activities</p> 	<p>1</p> <p>9:15 Walk & Roll to Farmer's Market (Need \$ and Volunteers)</p> <p>10:00 Tech Talk with Volunteer Kenza (sign up at front desk)</p>
<p>2</p>  <p>Share Your Bucket List Wish With Activities</p>	<p>3</p> <p>9:00 Motivational Monday-L 11:00 Music of Melanie Hall & Cheryl Cibula-DR 3:00 Chair Stretches w/Jennifer-DR Water Plants</p>	<p>4</p> <p>9:00 Pet Visits Sweetie 10:00 Exercises with Universal Worker-DR 3:00 Snack Crate Samples-DR</p>	<p>5</p> <p>10:00 Live2BHealthy Exercise Class-DR 2:30 Men's Club w/Martha</p> 	<p>6</p> <p>10:00 Exercises with Universal Worker-DR 10:30 Catholic Communion-LO 2:30 BINGO -DR</p>	<p>7</p> <p>10:00 Volunteer Carrie & Kids and a Cat Visit-lobby 3:00 to 4:00 Mary S sponsors Happy Hour -DR</p> 	<p>8</p> <p>2:00 Make Your Own Marker Design T-shirts in the Dining Room (You will need to bring a solid color T to this activity)</p>
<p>9</p> <p>1:00 Manicures with Taylor M-L</p>	<p>10</p> <p>9:00 Motivational Monday-L 11:00 Music of Rob Lumbar-DR 4:00 Katherine L's Memorial Service-DR</p>	<p>11</p> <p>10:00 Exercises with Universal Worker-DR 11:00 Penny with the WISE Educational Program-DR 3:00 Patriotic Crafts-DR</p>	<p>12</p> <p>10:00 Live2BHealthy-DR 2:30 Tea Party with Martha-LO</p> 	<p>13</p> <p>10:00 Exercises with Universal Worker-DR 10:30 Catholic Communion-LO 2:30 BINGO -DR</p>	<p>14 Flag Day</p> <p>Clean Dryer Lint Traps 11:00 Patriotic Music by CD & Photo Shoot-DR 3:00 to 4:00 Donna H sponsors Happy Hour -DR</p> 	<p>15</p> <p>11:00 Celebrating Dads & Special Men of SOA with music by Scott Eggleston-DR 1:00 Tech Talk with Volunteer Kenza</p>
<p>16</p> <p>Happy Father's Day</p> <p>10:00 Immanuel Lutheran Church with Pastor Matthew-C</p>	<p>17</p> <p>9:00 Motivational Monday-L 3:00 Music & Massages with Jean-DR Water Plants</p>	<p>18</p> <p>9:00 Pet Visits Prince 10:00 Exercises with Universal Worker-DR 11:00 Erica with Alzheimer's Assoc-DR 3:00 Tenant Meeting-DR</p>	<p>19</p> <p>10:00 Live2BHealthy Exercise Class-DR 2:30 Men's Club w/Martha</p> 	<p>20 Purple Day</p> <p>The Longest Day for ALZ 10:00 Exercises with Universal Worker-DR 10:30 Catholic Comm.-LO 11:00 Jim Quales' Music-DR 2:30 BINGO -DR</p>	<p>21</p> <p>9:00 Smoothies-DR 10:30 Catholic Mass-LO 3:00 to 4:00 Shelby M's Family sponsors Happy Hour -DR</p> 	<p>22</p> <p>9:15 Walk & Roll to Farmer's Market (Need \$ and Volunteers)</p> <p>Summer Reading Program Books Available-L</p>
<p>23/30</p> <p>(23) Pink Flamingo Day 10:00 Ankeny E Free Church-C 1:00 Manicures with Taylor M-L (30) Meteor Watch Day</p>	<p>24</p> <p>9:00 Motivational Monday-L 11:00 Music of Tim Javorsky-DR Water Plants</p>	<p>25</p> <p>10:00 Exercises with Universal Worker-DR 11:00 Jewelry Jazz-outside the Library 3:00 Red Hat Club-DR</p>	<p>26</p> <p>10:00 Live2BHealthy-DR 2:30 Tea Party with Martha-LO</p> 	<p>27</p> <p>10:00 Exercises with Universal Worker-DR 10:30 Catholic Comm.-LO 2:30 BINGO -DR</p>	<p>28</p> <p>11:00 Birthday Party-DR 3:00 to 4:00 Happy Hour-DR</p> 	<p>29</p> <p>9:15 Walk & Roll to Farmer's Market (Need \$ and Volunteers)</p>