


















Suites of Ankeny Activities-April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*Activities are all subject to change. Please watch for weekly signs delivered at each dining room table or ask staff members for most recent updates*</p>	<p>1 April Fool's 11:00 Music with Melanie & Cheryl-DR 2:00n Seed Planting Party with Sandy-DR 2:30 Minka in Beauty Shop</p>	<p>2 10:00 Exercises with Universal Worker-DR 5:30 Tech Talk with Ryan-Meet Vol in DR for his final visit</p>	<p>3 9:00 Wellness Wednesday-DR 2;30 Tea Party with Minka-LO </p>	<p>4 10:00 Exercises with Universal Worker-DR 10:30 Catholic Communion with Vol Julie-LO 11:00 The 95+ Club Awards Delivered-DR 2:30 -DR</p>	<p>5 National Peeps Day  3 to 4 -DR</p>	<p>6 Walking & Cycling Club for Parkinson's </p>
<p>7 World Health Day </p>	<p>8 Solar Eclipse 3:00 Zumba Gold & Chair Stretches-DR Afternoon Water Plants 2:30 Minka in Beauty Shop</p>	<p>9 Unicorn Day 10:00 Exercises with Universal Worker-DR 11:00 Jewelry Jazz-L</p>	<p>10 Celebrate Siblings Day 9:00 Wellness Wednesday-DR 2:30 Men's Club-LO </p>	<p>11 10:00 Exercises with Universal Worker-DR 10:30 Catholic Communion with Vol Pat & Cheryl-LO 1:30 Orzo the Dog-L 2:30 -DR</p>	<p>12 Ankeny Christian Academy Students & Teachers Visit 9:15 to 11:15  3 to 4 -DR</p>	<p>13 Natl Scrabble Day Check Lint Traps in Your Dryers AM 2:30 Passion Studios Music Performance-DR</p>
<p>14 1:00 Manicures with Taylor M-L</p>	<p>15 Water Plants 2:30 Minka in Beauty Shop 3:00 Music & Massages with Jean-DR</p>	<p>16 Wear PJ'S Day 10:00 Exercises with Universal Worker-DR 3:00 Tenant Meeting-DR</p>	<p>17 9:00 Wellness Wednesday-DR 2:30 Tea Party with Minka-LO </p>	<p>18 10:00 Exercises with Universal Worker-DR 2:30 -DR</p>	<p>19 10:30 Catholic Mass with Father Michael-LO 11:00 Tim Javorsky's Music-DR  3 to 4 -DR</p>	<p>20 Get Out & Enjoy The Sun! </p>
<p>21 National Volunteer Week 10:00 Emmanuel Lutheran Church Service with Pastor Matthew Pillman-C</p>	<p>22 Earth Day 11:00 Crystal Talks About Her Children's Books-DR 2:30 Minka in Beauty Shop Water Plants</p>	<p>23 10:00 Exercises with Universal Worker-DR 11:00 Staci with Neptune Cremation Services Program-DR</p>	<p>24 9:00 Wellness Wednesday-DR 2:30 Men's Club-LO </p>	<p>25 10:00 Exercises with Universal Worker-DR 10:30 Catholic Communion with Vol Pat & Vol Cheryl-LO 2:30  with Quarters As Prizes-DR</p>	<p>26 10:00 Volunteer Recognition-DR 11:00 Birthday Party-DR  3 to 4 -DR Celebrate Natl Pretzel Day</p>	<p>27 12:30 Painting with Lauren-DR </p>
<p>28 10:00 Ankeny Free Church Service with Mike and Joan Reich-C 1:00 Manicures with Taylor M-L</p>	<p>29 Afternoon Water Plants & Check Plant Progress 2:30 Minka in Beauty Shop</p>	<p>30 Jazz Day 10:00 Exercises with Universal Worker-DR</p>	<p>Smile Awards:  SOA Volunteers Garry D's Family</p>	<p>Location Codes: C=Chapel DR=Dining Room L=Library LO=2nd Floor Lounge TBA=To Be Announced SVCC Activities on Back</p>	<p>NEW Sunshine Club Meets Daily on the Patio (weather permitting) OR Join SVCC Friends & Staff in their Courtyard at 1:00 PM</p>	<p>Ala Cart Activities: Board Games-L Card Games-L Movies/Watch Parties-Front lobby or Chapel Puzzles-LO or L</p>