

# Bone Health

BONE & JOINT ACTION WEEK - October 12-20



## Thursday, October 19 at 2:00 PM

**October 12 – 20 is Bone and Joint Action Week.**

Kristy Lussman, RN with Intrepid Healthcare will be at the Suites of Ankeny to share information about disorders like arthritis, back pain, osteoporosis and trauma.

**Thursday, October 19 at 2:00 PM**

**Suites of Ankeny**

**420 NW Ash Drive, Ankeny, IA**

Refreshments served.

Space is limited. R.S.V.P by October 11 to Judith at  
[jbrummet@sunnyviewcarecenter.com](mailto:jbrummet@sunnyviewcarecenter.com) or call 515-240-4066



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